

# Newborn Weigh-in Wednesdays

Get your baby weighed & your questions answered.

## Mercy Hospital Northwest Arkansas

Wednesdays, 12-1 p.m.

**Cost:** Free

**Location:** Take elevator A to the 5th floor. You will be in the W&Cs main lobby. Please check in with our security team who will then direct you to the location of the group.

Bring your baby and join us for Newborn Weigh-in Wednesdays.

At this informal gathering, you can check your newborn's weight and chat with other moms about breastfeeding experiences. A certified lactation specialist is available to answer your questions and boost your breastfeeding confidence.



## Breastfeeding Benefits

### For babies:

- Fewer ear infections and other illnesses
- Lower risk of Sudden Infant Death Syndrome (SIDS)
- Added protection against diabetes and obesity

### For moms:

- Faster recovery from childbirth
- Stronger bones
- Reduced risk of breast and ovarian cancers

**Mercy Kids**

*Every child. Every need. Every day.*



To learn more, scan here or visit [mercy.net/BabyWeighIn](https://mercy.net/BabyWeighIn)

To speak with someone in Lactation Services, call 479-338-2072.